

Margo Ann Spak Hemedinger, PT/LMT



1249 Upper Front St / Suite 103A
Binghamton, NY 13905
Phone: (607) 761-9360
Fax: +1 (607) 286-2323
margospak.pt.lmt@gmail.com
www.margospak-pt-lmt.com

INSTRUCTIONS FOR REQUIRED FORMS AND OTHER IMPORTANT INFORMATION

There are 2 forms I require you to complete prior to your Initial Massage Session. They are Fillable PDFs and can be completed on your phone, online, or printed and filled out by hand, whichever you prefer.

- ❖ Intake Form
- ❖ Illness Liability Waiver

- If you fill them out on your phone, you can open each attachment, fill them out one at a time, then share them back to me by sending them to my email.
- If you fill them out online, you will need to download the attachments, complete the form, save it again, then email them back to me. **If you fill them out without saving them to your computer first, then send them back without saving again with your information, they will come back to me blank, So please DOWNLOAD, SAVE, COMPLETE & SAVE, then send back.**
- You can print them, complete them by hand, and bring them with you to your appointment.
- Or if you do not have the ability to complete these forms either electronically, or to print them, please let me know, and I will leave them on a clipboard outside my door for you to fill out upon your arrival. Please arrive about 5-10 minutes early should you need to do so.

OTHER IMPORTANT INFORMATION

Please arrive no more than 5 minutes prior to your scheduled appointment time as I continue to disinfect my treatment room between visits. Please wait outside my office door if my door sign indicates MASSAGE IN SESSION. If my sign notes that MASSAGE IS NOT IN SESSION, please feel free to enter.

Masks are now optional during your visit, however I will continue to wear one throughout your session. I urge anyone who remains at high risk, or who is immunocompromised to continue to wear a facial covering during their visit as you will be in a small area and in close proximity of me for a prolonged period of time. **IF YOU ARE NOT FEELING WELL OR HAVE ANY SYMPTOMS OF ANY KIND...STAY HOME!!!** Be considerate of others and do not spread your germs. Please contact me to cancel and reschedule your appointment for when you are feeling better and can enjoy it.

I accept cash, personal check, credit card and PayPal / Venmo payments. Please note that there is a \$2 fee for credit card / PayPal and Venmo transactions.

I thank you for visiting my website, and for scheduling an appointment if you have done so. I look forward to meeting you and providing you with a treatment session that addresses your issues and makes you feel better. Have a great day.

Warm Regards,
Margo